

# Cyber Resiliency Overview

January 11, 2020



# Topics

- Why talk about cyber resiliency?
- What is cyber resiliency?
- How does the concept of cyber resiliency translate into engineering decisions?
- How does cyber resiliency relate to cyber security?
- A notional example
- Resources

# Why Cyber Resiliency? Cyber Dependence and Cyber Threats

## Increasing Recognition of the Need for Resilience in Cyberspace

Resilience against cyber attacks needed at multiple levels – ecosystem, organization, healthcare functions

<https://us-cert.cisa.gov/ncas/alerts/aa20-352a>

An official website of the United States government



Alerts and Tips Resources Industrial Control Systems

National Cyber Awareness System Alerts Advanced Persistent Threat Compromise

### Alert (AA20-352A)

#### Advanced Persistent Threat Compromise of Government Organizations

Original release date: December 17, 2020 | Last revised: January 06, 2021

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#### Summary

The Cybersecurity and Infrastructure Security Agency (CISA) is alerting federal, state, local, and tribal organizations by an advanced persistent threat (APT) group that has been conducting tradecraft in these intrusions.

(Updated January 6, 2021) CISA is alerting federal, state, local, and tribal organizations by an advanced persistent threat (APT) group that has been conducting tradecraft in these intrusions.

- Orion Platform 2019
- Orion Platform 2020
- Orion Platform 2020
- Orion Platform 2020
- Orion Platform 2020



BMJ 2020;368:m102 doi: 10.1136/bmj.m102 (Published 14 January 2020)

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FEATURE

#### MEDICAL DEVICES

### Could implanted medical devices be hacked?

Medical equipment can be hacked, as the WannaCry ransomware cyberattack showed. Implanted devices with wireless connectivity are theoretically susceptible too, writes Jo Best

Jo Best freelance writer

Recognition that systems must be expected to include compromised or readily hacked components



### Cyber Resilience Playbook for Public-Private Collaboration

<https://www.globallyberalliance.org/>

Who We Are Tools Get Involved Support GCA

### Cyber Hygiene, Collaboration, and Preparedness: Keys to Resilience for a Healthcare Under Threat

By Silas Jordan

By Klara Jordan

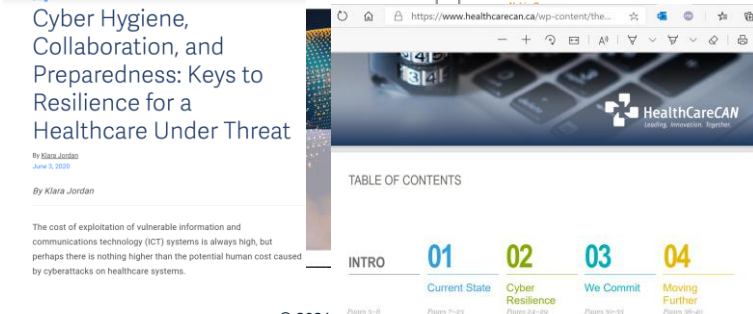
The cost of exploitation of vulnerable information and communications technology (ICT) systems is always high, but perhaps there is nothing higher than the potential human cost caused by cyberattacks on healthcare systems.

NIST SPECIAL PUBLICATION 1800-30

### Securing Telehealth Remote Patient Monitoring Ecosystem

Includes Executive Summary (A): Approach, Architecture, and Security Characteristics (B); and How-To Guides (C)

Jennifer Cavitt



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MITRE

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# Cyber Resiliency – “Why” Drives What, How, When, and Where

## WHY

The bad guys **WILL** get in and may not be detected in time

**Critical functions**  
and operations fail  
when attacked

## WHAT

Keep service delivery going

Resilience of **critical cyber resources, functions, business processes** or organization in the face of cyber threats

## HOW

**Transformation of thought**

**Architect**

**Augment** traditional approaches

**Adopt** mission-oriented threat-based system engineering processes

**Define** policies & practices

**Design, build, integrate** – engineer for cyber resiliency

## WHEN & WHERE

Apply resiliency throughout the system lifecycle  
(requirements, acquisition, training, operations)  
**and across the enterprise**  
(architecture, policy, operational procedures)

# What Is Cyber Resiliency?

## As Defined in NIST SP 800-160 Vol. 2

### Informal Definition

The ability to deliver a service or perform a function, possibly at a **reduced but effective level**, in spite of ongoing cyber attacks



### Formal Definition

The ability to **anticipate, withstand, recover** from, and **adapt** to adverse conditions, stresses, attacks, or compromises on cyber resources

*Cyber resiliency is not just a new name for cyber security  
Nor is it a new name for COOP, conventional system resilience, or  
organizational resilience*

*The underlying assumption is that compromises will happen – and may go  
undetected for extended periods – but that if the right technologies,  
processes, and controls are in place, needs can still be met*

*Cyber resiliency builds on and integrates existing disciplines ... and includes  
additional capabilities*

# Cyber Resiliency Engineering Builds on Related Disciplines

Disciplines	Key Concepts	Cyber Resiliency Engineering Insights
<b>Security, Information Assurance</b>	Provide confidentiality, integrity, availability, accountability for information and services, despite threats (adversarial, accidental, structural, environmental)	Focus on mission assurance and risks to missions Advanced adversaries can emulate non-adversarial threats
<b>Cybersecurity</b>	Provide security despite adversarial threats via cyberspace	Advanced adversaries can establish and maintain a covert presence – boundary defenses and intrusion detection do not suffice
<b>Resilience Engineering, COOP, Survivability</b>	Provide system or operational resilience in the face of accidents and disruptions	Adversary can interfere with – or take advantage of – recovery efforts

***Cyber resiliency is one quality property among many that systems engineers must consider. Quality properties typically overlap and interact. The systems engineering challenge is to understand and make trade-offs among the different properties, and the different ways to achieve those properties, in a cost-effective, risk-managed way.***

# How Does the Concept of Cyber Resiliency Translate into Engineering Decisions? Understand Overarching Goals

What

**Cyber  
Resiliency  
Goals**

**Anticipate**

*“Be prepared”*

**Withstand**

*“Fight through”*

**Recover**

*“Bounce back”*

**Adapt**

*“Adapt to a  
changing world”*

Term	Context	Definition
<b>Information System Resilience</b>	Information systems	The ability of an information system to <b>continue</b> to: (i) operate under adverse conditions or stress, even if in a degraded or debilitated state, while <b>maintaining</b> essential operational capabilities; and (ii) <b>recover</b> to an effective operational posture in a time frame consistent with mission needs. (NIST, 2013)
<b>Operational Resilience</b>	Organizations	The organization’s ability to <b>adapt</b> to risk that affects its core operational capacities. Operational resilience is an emergent property of effective operational risk management, supported and enabled by activities such as security and business continuity. A subset of enterprise resilience, operational resilience focuses on the organization’s ability to manage operational risk, whereas enterprise resilience encompasses additional areas of risk such as business risk and credit risk. (Caralli, Allen, & White, 2010) [CERT RMM™]
<b>Resilience</b>	Engineered systems	Resilience is the ability to <b>prepare</b> and plan for, <b>absorb</b> or <b>mitigate</b> , <b>recover</b> from, or more successfully <b>adapt</b> to actual or potential adverse events. (INCOSE, 2015)
<b>Resilience</b>	Engineered systems	Resilience is the ability to provide required capability in the face of adversity. The means of achieving resilience include <b>avoiding</b> , <b>withstanding</b> , <b>recovering</b> from, and <b>evolving</b> and <b>adapting</b> to adversity. (INCOSE Resilient Systems Working Group, 2015)
<b>Resilience</b>	Systems or networks	The ability of a system or network to resist failure or to <b>recover</b> quickly from any disruption, usually with minimal recognizable effect (ISACA, 2014)
<b>Resilience</b>	Communities, Infrastructure sectors, the Nation	The ability to <b>adapt</b> to changing conditions and <b>withstand</b> and rapidly <b>recover</b> from disruption due to emergencies (Office of the President, 2011)
<b>Resilience</b>	Communities, Infrastructure sectors, the Nation	The ability to <b>prepare</b> for and <b>adapt</b> to changing conditions and to <b>withstand</b> and <b>recover</b> rapidly from disruptions. Resilience includes the ability to <b>withstand</b> and <b>recover</b> from deliberate attacks, accidents, or naturally occurring threats or incidents. (Office of the President, 2013)

Cyber resiliency goals are based on a wide range of resilience-related definitions ... this table is a sample, highlighting terms for goals

# How Does the Concept of Cyber Resiliency Translate into Engineering Decisions? Define Objectives as a Basis for Assessment

What	What, in terms that motivate metrics	
<b>Cyber Resiliency Goals</b>  Anticipate  Withstand  Recover  Adapt	<b>Cyber Resiliency Objectives</b>	
	Prevent / Avoid	Understand
	Prepare	
	Continue	
	Constrain	
	Reconstitute	
	Transform	
	Re-Architect	

*How quickly, how long, how completely, how effectively, with how much confidence ...*

**Prevent or Avoid:** Preclude successful execution of an attack or the realization of adverse conditions

**Prepare:** Maintain a set of realistic cyber courses of action that address predicted or anticipated adversity

**Continue:** Maximize the duration and viability of essential mission or business functions during adversity

**Constrain:** Limit damage from adversity

**Reconstitute:** Restore as much mission or business functionality as possible subsequent to adversity

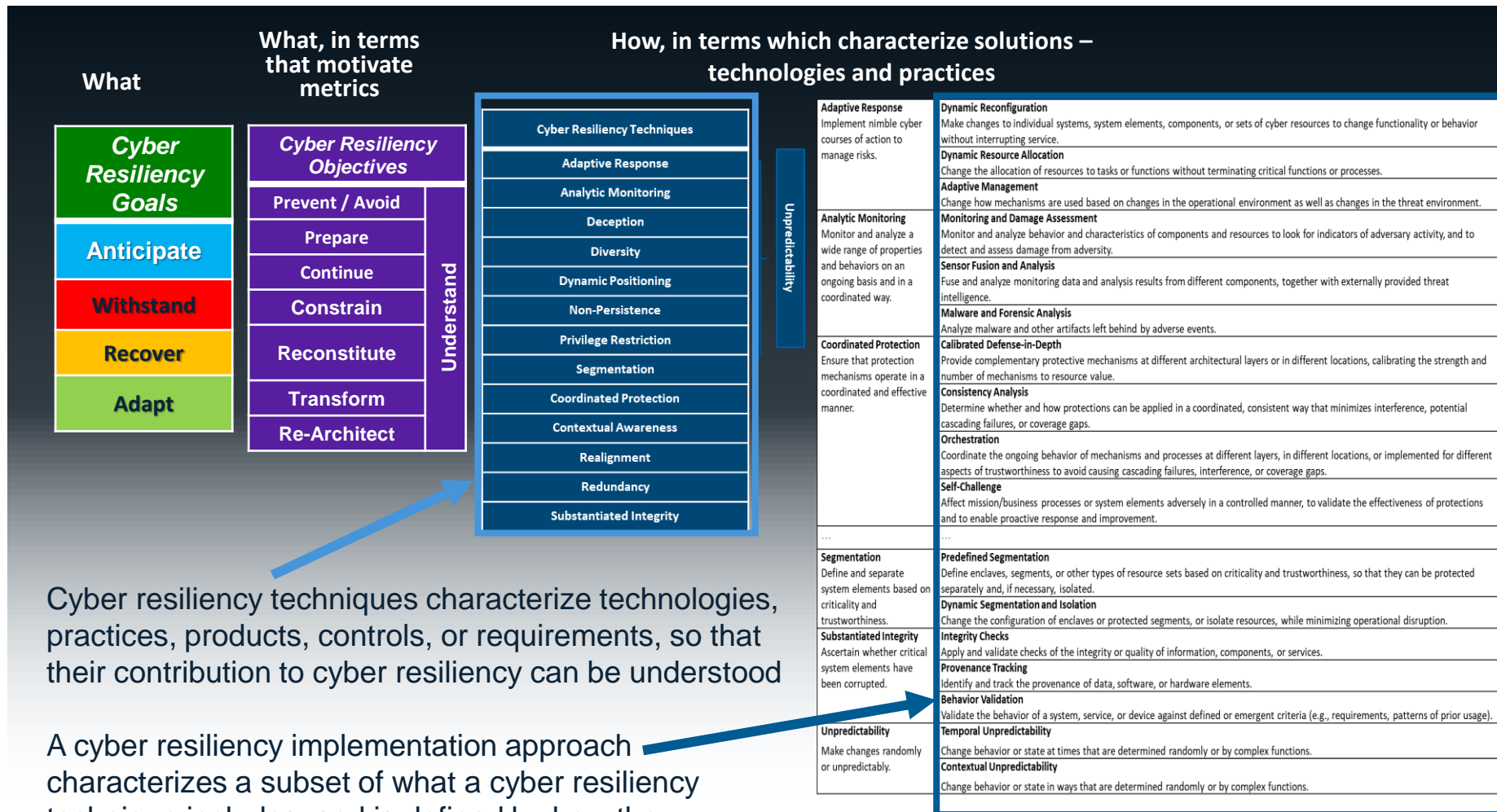
**Understand:** Maintain useful representations of mission and business dependencies and the status of resources with respect to possible adversity

**Transform:** Modify mission or business functions and supporting processes to handle adversity and address environmental changes more effectively

**Re-Architect:** Modify architectures to handle adversity and address environmental changes more effectively



# How Does the Concept of Cyber Resiliency Translate into Engineering Decisions? Identify Technologies and Practices



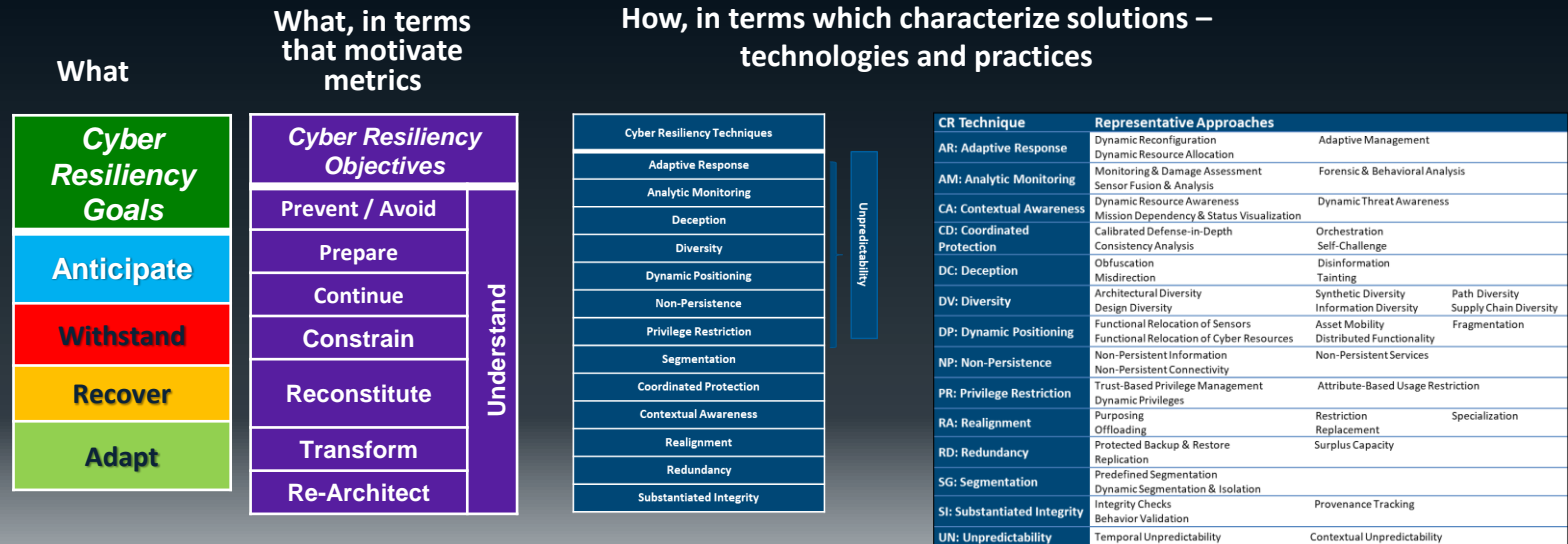
Excerpts from [NIST SP 800-160 V2](#)

# Identify Technologies and Practices Using Capability Categories and Approaches to Implementing Capabilities

Cyber Resiliency Technique	Representative Implementation Approaches		
Adaptive Response	Dynamic Reconfiguration Dynamic Resource Allocation	Adaptive Management	
Analytic Monitoring	Monitoring & Damage Assessment Sensor Fusion & Analysis	Forensic & Behavioral Analysis	
Contextual Awareness	Dynamic Resource Awareness Mission Dependency & Status Visualization	Dynamic Threat Awareness	
Coordinated Protection	Calibrated Defense-in-Depth Consistency Analysis	Orchestration Self-Challenge	
Deception	Obfuscation Misdirection	Disinformation Tainting	
Diversity	Architectural Diversity Design Diversity	Synthetic Diversity Information Diversity	Path Diversity Supply Chain Diversity
Dynamic Positioning	Functional Relocation of Sensors Functional Relocation of Cyber Resources	Asset Mobility Distributed Functionality	Fragmentation
Non-Persistence	Non-Persistent Information Non-Persistent Connectivity	Non-Persistent Services	
Privilege Restriction	Trust-Based Privilege Management Dynamic Privileges	Attribute-Based Usage Restriction	
Realignment	Purposing Offloading	Restriction Replacement	Specialization
Redundancy	Protected Backup & Restore Replication	Surplus Capacity	
Segmentation	Predefined Segmentation Dynamic Segmentation & Isolation		
Substantiated Integrity	Integrity Checks Behavior Validation	Provenance Tracking	
Unpredictability	Temporal Unpredictability	Contextual Unpredictability	

For more information, see [NIST SP 800-160 Vol. 2](#)

# How Does the Concept of Cyber Resiliency Translate into Engineering Decisions? Articulate Guiding Principles



How, in terms which guide choices of technologies and design patterns



# How Does the Concept of Cyber Resiliency Translate into Engineering Decisions? Put the Pieces Together ...

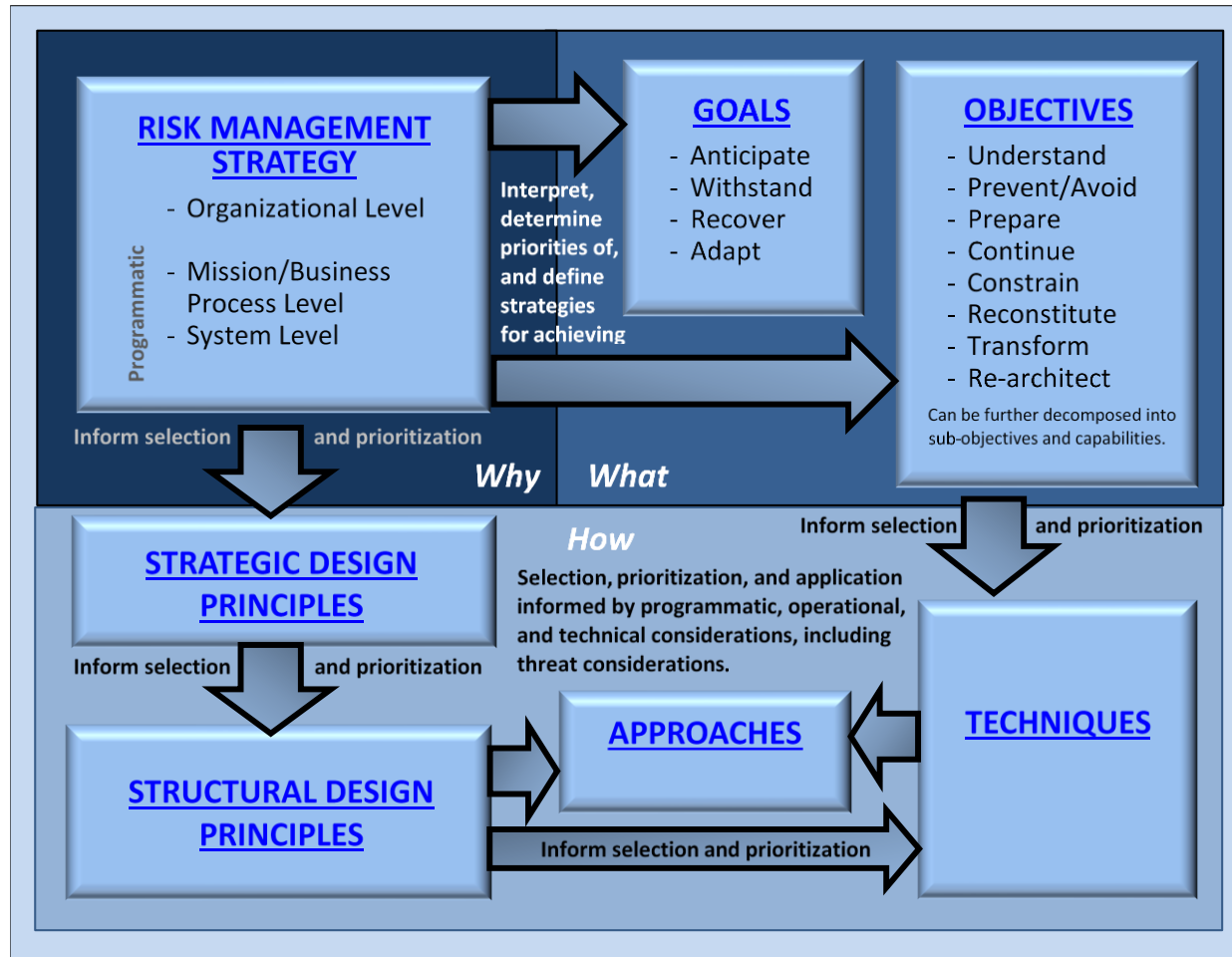
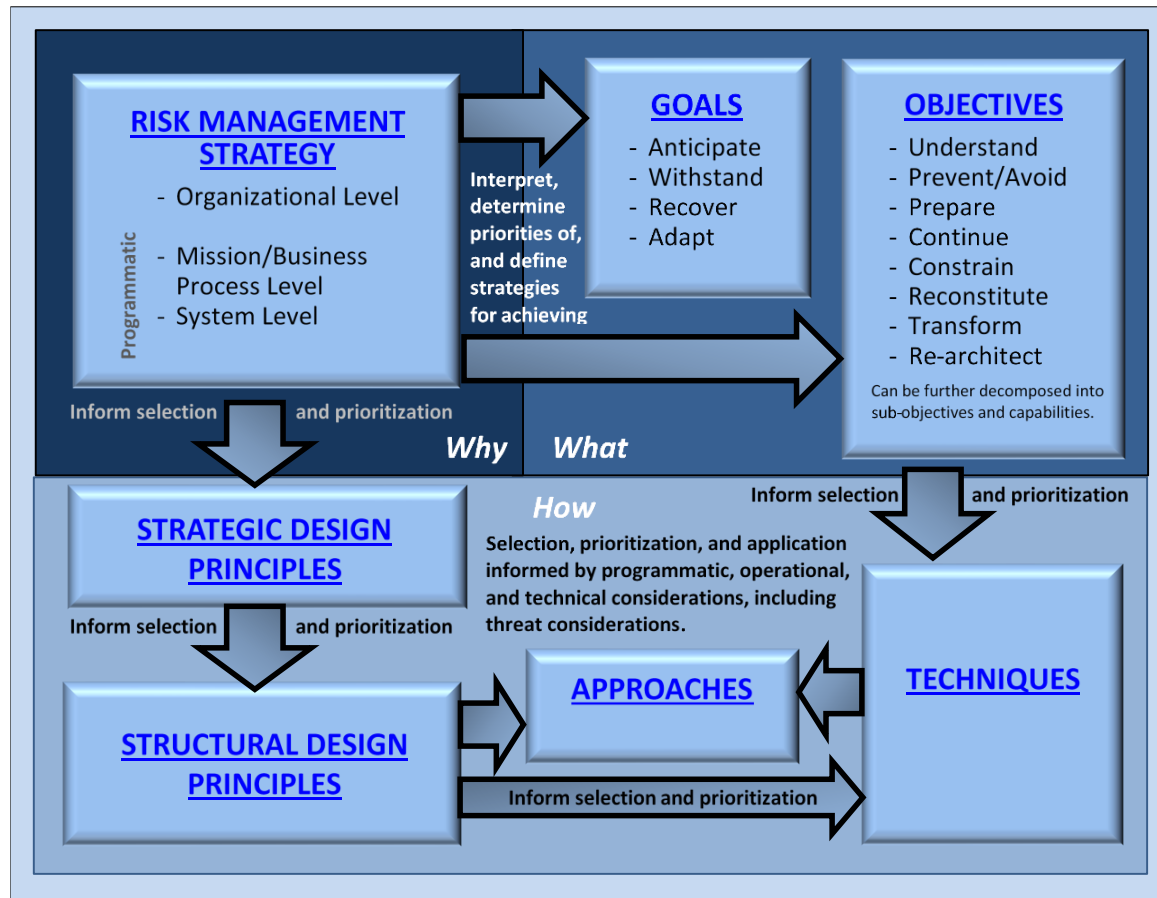


Figure from NIST SP 800-160 Volume 2 – Developing Cyber Resilient Systems: A Systems Security Engineering Approach

## ... Using Good Systems Engineering Judgment



***Apply selectively* – based on stakeholder priorities, risk management strategy, operational considerations, legacy investments, etc.**

# What Is the Relationship Between Cybersecurity and Cyber Resiliency?

## Limitations with Conventional Cyber Security Practices

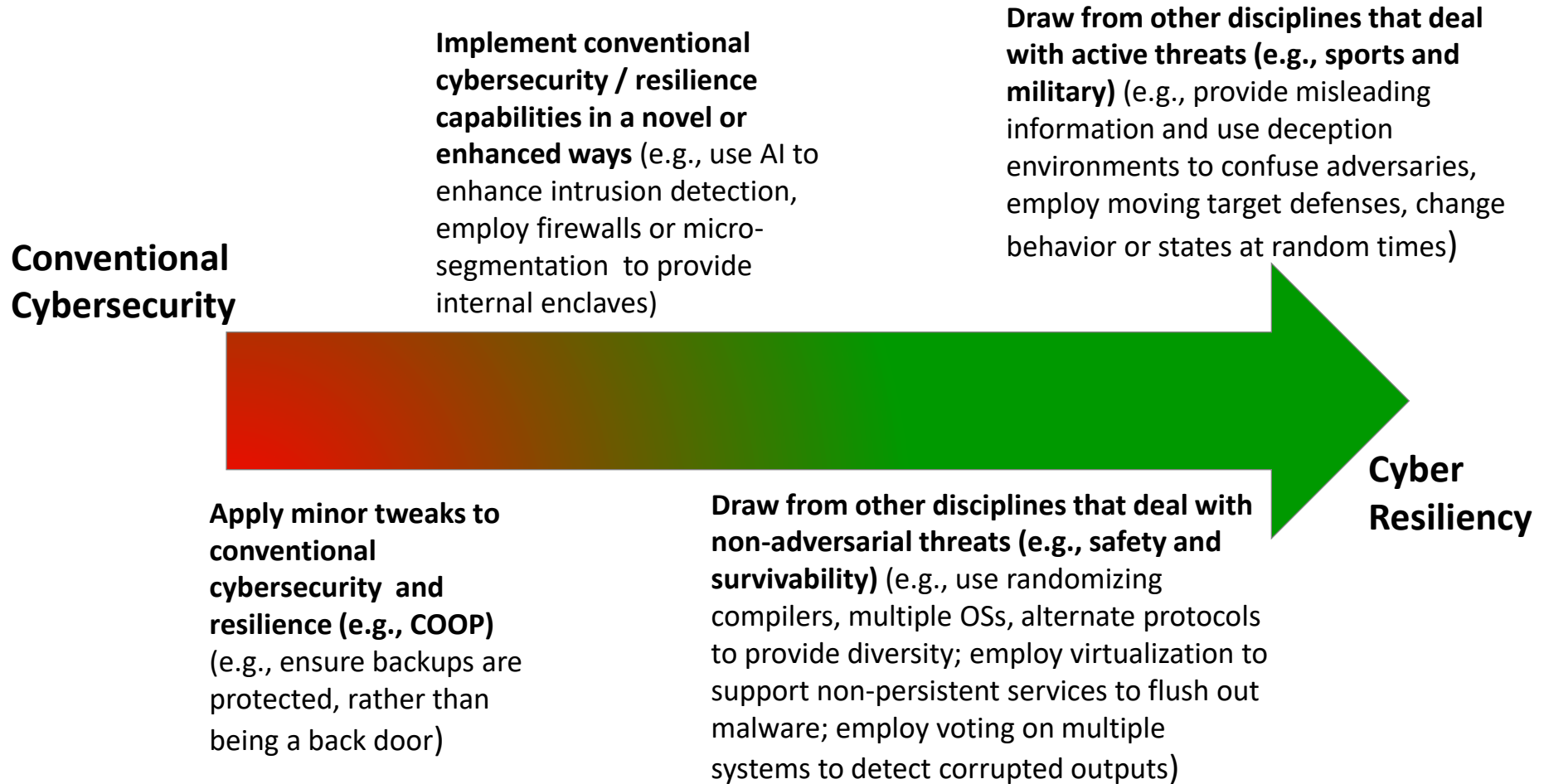
Traditional Cyber Security Practices	Limitations
Establish an effective security perimeter	No perimeter is 100% effective at keeping adversaries out
Use up-to-date A/V s/w to detect malware	A/V is ineffective against new zero-day attacks
Encrypt data while at rest and in transit	Encrypted traffic is a great place for adversary activity to hide
Monitor and audit all user activity	Audit logs are rarely checked due to lack of time and resources and moreover they are often focused on individual components and do not provide a big picture view of adversary activities
Develop and maintain backup plans, contingency plans, IA policies, accreditations, etc.	Redundant servers and data are designed to deal with natural disasters; they are ineffective against the APT who will apply the same attacks against backups

*Threat assumptions, adversary presence, compromise focus differ for resiliency*

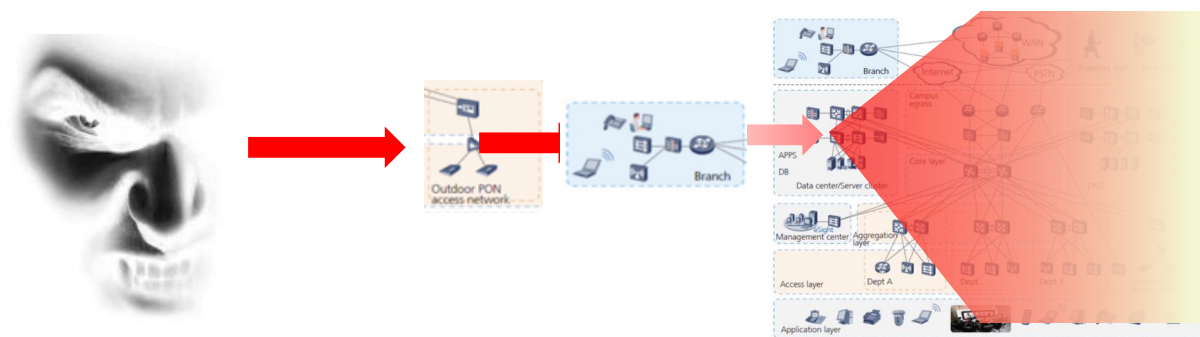
	Conventional Cyber Security <sup>®</sup>	Cyber Resiliency <sup>®</sup>
Threat Assumptions with respect to Adversary <sup>®</sup>	<b>Capabilities:</b> Limited <b>Intent:</b> Self aggrandizement, personal benefits <b>Targeting:</b> Targets of opportunity <b>Timeline:</b> Episodic <b>Stealthy:</b> No <sup>®</sup>	<b>Capabilities:</b> Sophisticated, well resourced <b>Intent:</b> Establish & maintain ability to undermine mission <b>Targeting:</b> High value targets, very persistent <b>Timeline:</b> Long term campaigns <b>Stealthy:</b> Very <sup>®</sup>
Adversary Presence <sup>®</sup>	Assumes can be kept out or can quickly be detected and removed <sup>®</sup>	Assumes adversary has established a foothold <sup>®</sup>
Focus of Type of Compromises <sup>®</sup>	Limited duration events, natural disasters <sup>®</sup>	Ongoing attacks, long term adversary presence, organization must “fight thru” <sup>®</sup>
Recovery <sup>®</sup>	Adversary is not present to impede recovery <sup>®</sup>	Recovery must be done despite presence of adversary <sup>®</sup>
Goals <sup>®</sup>	Protect, Detect, React <sup>®</sup>	Anticipate, Withstand, Recover, Evolve <sup>®</sup>

*Cyber resiliency measures can complement or sometimes replace conventional cyber security measures*

# What Is the Relationship Between Cybersecurity and Cyber Resiliency? Transition Along a Continuum



# Example Scenario



**Attacker uses 0-day exploit to penetrate systems at local facility**

**Malware spreads within local facility; user accounts compromised**

**Malware takes advantage of homogeneous software environment, compromised accounts to spread to corporate network**

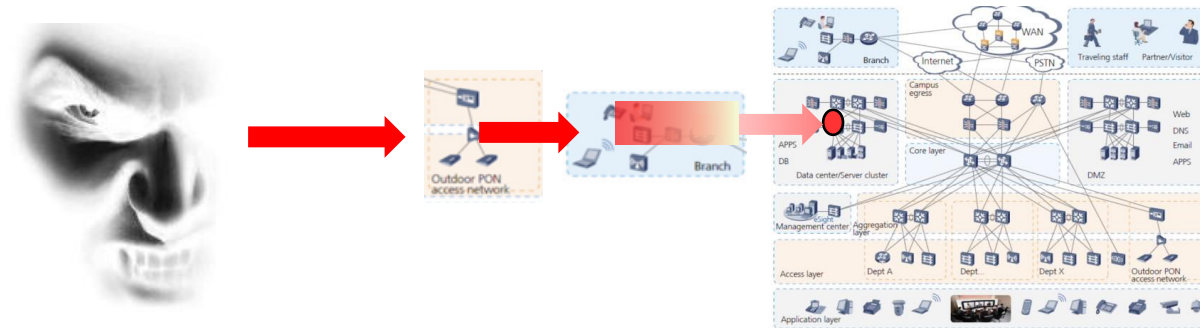
**Static host environment enables attacker to maintain foothold**



***Traditional defenses (boundary protection and patching) are insufficient***



# Example Scenario with Cyber Resiliency Applied



Resiliency enables the enterprise to complete missions, provide essential services, or perform essential functions *despite* successful attacks.

- **Segmentation**: distinct internal enclaves → *Contain adversary's advance*
- **Diversity**: run IE, Chrome, Firefox, etc. → *Negate adversaries assumptions*
- **Non-Persistence**: reimage software periodically → *Expunge malware (foothold lost)*
- **Substantiated Integrity**: quality / consistency checks → *Detect corruption, limit its effects*
- **Deception**: detonation chambers, honeynets → *Detect malware, divert adversary*
- **Unpredictability**: ASLR, randomizing compiler, ... → *Delays attack progression*

**Knowledge of specific attack not required**

**Patching of vulnerabilities not the focus**

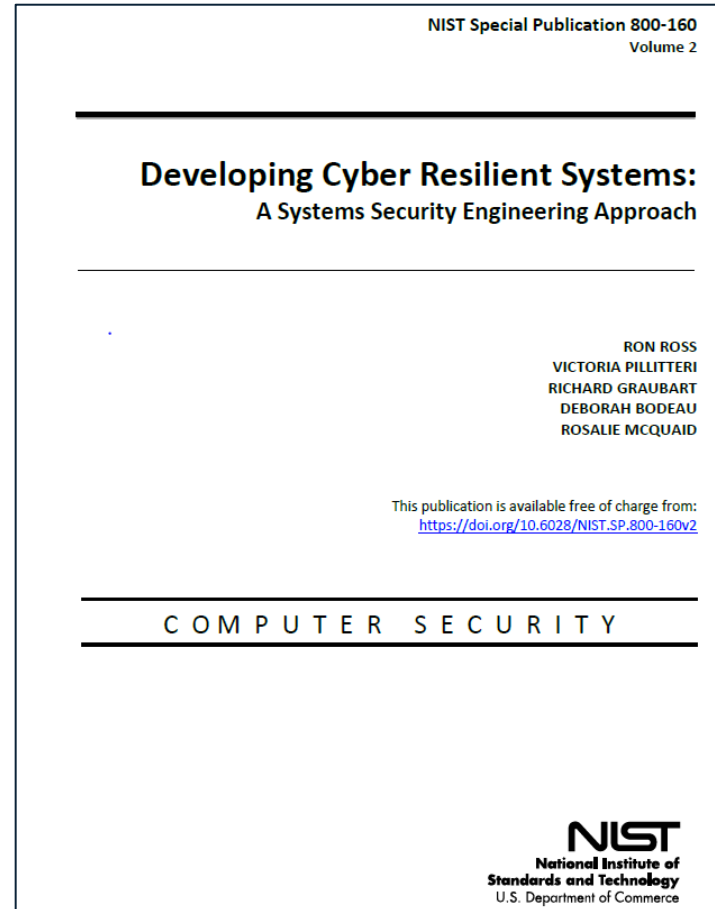
**Detection of adversaries is helpful but not required**

**AND It's not just about technology – includes defender TTPs**

# Cyber Resiliency Resources (1 of 3)

## NIST SP 800-160 Volume 2, Final— Developing Cyber Resilient Systems: *A Systems Security Engineering Approach*

- Includes definitions of the cyber resiliency goals, objectives, techniques, implementation approaches, design principles ... and describes how they relate and how they are used
- Identifies cyber resiliency controls in NIST SP 800-53R5
- Provides systems engineering guidance for applying cyber resiliency
- Provides notional worked examples



# Cyber Resiliency Resources (2 of 3)

*Start with the most recent resources*

**Cyber Resiliency Metrics, Measures of Effectiveness, and Scoring (2018)**

<https://www.mitre.org/publications/technical-papers/cyber-resiliency-metrics-measures-of-effectiveness-and-scoring>

**Cyber Resiliency Metrics Catalog (2018)**

<https://www.mitre.org/publications/technical-papers/cyber-resiliency-metrics-catalog>

**Cyber Resiliency Metrics and Scoring in Practice: Use Case Methodology (2018)**

<https://www.mitre.org/publications/technical-papers/cyber-resiliency-metrics-and-scoring-in-practice-use-case-methodology>

**Cyber Resiliency Design Principles (2017)**

<https://www.mitre.org/sites/default/files/publications/PR%2017-0103%20Cyber%20Resiliency%20Design%20Principles%20MTR17001.pdf>

*Augment with resources which answer specific questions*

**Cyber Resiliency Metrics: Key Observations (2016)**

<https://www.mitre.org/sites/default/files/publications/pr-16-0779-cyber-resilience-metrics-key-observations.pdf>

**The Risk Management Framework and Cyber Resiliency (2016)**

<https://www.mitre.org/sites/default/files/publications/pr-16-0776-cyber-resiliency-and-the-risk-management-framework.pdf>

**Resiliency Mitigations in Virtualized and Cloud Environments (2016)**

<https://www.mitre.org/sites/default/files/publications/pr-16-3043-virtual-machine-attacks-and-cyber-resiliency.pdf>

**A Measurable Definition of Resiliency Using “Mission Risk” as a Metric (2014)**

<https://www.mitre.org/sites/default/files/publications/resiliency-mission-risk-14-0500.pdf>

# Cyber Resiliency Resources (3 of 3)

## *Get a sense of the area*

### **Cyber Resiliency FAQ (2017)**

[https://www.mitre.org/sites/default/files/PR\\_17-1434.pdf](https://www.mitre.org/sites/default/files/PR_17-1434.pdf)

### **Cyber Resiliency Resource List (2016)**

<http://www2.mitre.org/public/sr/Cyber-Resiliency-Resources-16-1467.pdf>

### **Industry Perspectives (2015)**

<http://www2.mitre.org/public/industry-perspective/>

## *Situate in terms of cyber preparedness*

### **Short summary (2017)**

<https://www.mitre.org/sites/default/files/publications/15-0797-cyber-prep-2-motivating-organizational-cyber-strategies.pdf>

### **Extended version (2017)**

<https://www.mitre.org/sites/default/files/publications/16-0939-motivating-organizational-cyber-strategies.pdf>

## **Additional References – Cited on Slide 2 (Representative Examples of Publications Motivating Consideration of Cyber Resiliency)**

World Economic Forum, "Cyber Resilience Playbook for Public-Private Collaboration," 9 August 2018. [[http://www3.weforum.org/docs/WEF\\_Cyber\\_Resilience\\_Playbook.pdf](http://www3.weforum.org/docs/WEF_Cyber_Resilience_Playbook.pdf)].

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FDA, "Postmarket Management of Cybersecurity in Medical Devices," 28 December 2016. <https://www.fda.gov/media/95862/download>.

J. Best, "Could implanted medical devices be hacked?," The British Medical Journal, 14 January 2020. <https://www.bmj.com/content/bmj/368/bmj.m102.full.pdf>.